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What is paintball? Paintball shooting is an internationally recommended outdoor sport introduced in year 1983. The game involves two teams of shooters trying to survive one another whilst conquering each others territory.

Specially designed paintball markers are being used with paintballs as pellets.

An exhilarating sport that gives full satisfaction to what over participates and is regarded as a superb team building sport in cooperate sector, specially in the USA & Europe .Paintball has a variety of games to be played. We accommodate teams with minimum 2 players to a maximum of 15 players in a team. Individuals can try out target shooting practices and gear up for a team event the next time .

We have restricted for all players to be 12 years above.

“Paintball phobia” it s very real today in the western world! Paintball shooters are not just shooting at others. The player’s under-go constant threat. The game involves tactics. There is motivation and cause, capturing the flag that drives the players not anger.

No experience is necessary as training will be given. Our field referees would carry out strict rules and regulations in the game zone for safety of all participants.

Internationally recommended appropriate safety gear would be provided to all players.

Paintball is growing and still has mass appeal to all ages....

There should be a reason for why you should still be seated? Come on and foot down to try this new sport ...**PAINTBALL!!!**

### **THE BATTLE**

A paintball game is played between two teams, each consisting of 15 players. The field is divided into two sides with equal number of bunkers and flags on each side each team combats on their own side of the field to accumulate points by collecting as many flags as possible whilst

protecting themselves from their opponents attack. On most battles each player carries minimum of 60 paintballs.

### **ATTIRE**

Sport shoes (Trainers), Sweaters and long pants, Paintball ink is washable.

Please note that face masks, the markers, paint ball guns are provided.



### **MARKSMANSHIP**

Marksmanship is an interesting game which the word was not popularly known by most of us, but was identified to be famous in the beginning of human civilization, where our ancestor used bow and arrow to hunt animal and subsequently used the weapon to remarks culture and spiritual belief, In Sri Lanka the stone bow are being used by the native aborigines to hunt animals, collect fruits and protect their livestock and families. Catapult are also being identified as the most effective weapons to shoot small animal Javelin name to be the famous activity in the Olympic game started in Athens many years ago. Blow pipe used to be the famous weapon in the olden days to catch animals or to protect against their enemies, it very famous in the Boneo Island, Papua New Guinea and in the island of Sumatra.

In the modern world with full of challenges and stress, Intellectual combined spiritual approach the game had been branded as the means to purify the mind, soul and the body. How those it happens? This is the meditation concept where wild holidays would like to Introduce for the people who are thirsting for mind and body purification.

### **TYPE OF ACTIVITIES**

Air Rifle Shooting, Air Pistol Shooting, Catapult Shooting, Bow & Arrow Shooting, Stone Bow Shooting, Blow Pipe Shooting, Javelin Shooting, Mini Bamboo Weapon Shooting